

Vol: 2 No: 2  
Summer 2003  
£2.00



***EYE Magazine***

*Joint Editors: Chris Evers & Gary Anthony.*

## Examining with an analytical EYE!

**MJ 12: The FBI Connection! (The Conclusion)**

**By  
Nick Redfern**



**TECHNIQUES FOR CE-IVs**

**The Time Line**

**By Karin Hoppe Holloway, BA, CHt, CEA**



**Dr. David Clarke  
The Interview**

**UFOs – The Reality  
Behind The Myths.  
(Part Two)**

**By Gloria Heather Dixon.**

**White Orb Buzzes The fuzz Or Does It?**

**There's ALWAYS more to read inside..**

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**EYE Publications.**



Once again we are indebted to Dan Bright for his excellent artwork on the front cover of this issue of EYE Magazine. To learn more about Dan, visit his web site at <http://zaziork.com/theunexplained/index.htm>

We are always striving to produce an interesting magazine for you, our subscribers to ponder and reflect over regarding events within the world of UFOlogy, and now we extend an invitation to the

reader to submit articles and readers to share your work and findings.

You will appreciate there is only so much, Gary and myself can contribute to this publication. I am certain that so far you will agree, many of the articles have been thought provoking and informative, some of you, we hope, may be inspired to dig deeper and consider writing an article for EYE.

EYE Magazine is as much yours as it is ours so don't sit on the fence get up and do something even if it is to tell us that EYE Magazine is not your cup of tea.

One researcher used to digging deeper is Dr. David Clarke, here we update slightly an article from a Spanish publication. David informs us of his current thoughts, regarding UFOlogy, and believe me it makes very curious reading.

Nick Redfern, concludes the article, MJ 12: The FBI Connection, it appears that the FBI had more to do with the UFO controversy and involvement with the famed Roswell investigator, Stanton Friedman than they have previously admitted.

Several web sites and even an issue of Filers Files, issued a report concerning a close encounter of a LIT/ORB and a Police helicopter within the Kingston-upon-Hull area of East Yorkshire. Occurring right on our own doorstep we decided to examine the facts behind the helicopter UFO report see page 24.

Once again thank you for subscribing to EYE, with continued support

increasing sales we hope to be able to reduce the costs of subscriptions, so remember please tell your friends about us..

Chris.  
East Yorkshire Encounters



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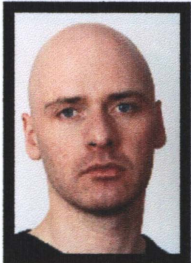
**Remember use it or lose it.**

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## MJ 12: The FBI Connection! (The Conclusion) By Nick Redfern



Some of the information related in the last issue of EYE magazine (Spring 2003), was published in my book *The FBI Files*. As is often the case with published authors, people who read their books will contact them with information based on the material contained within the pages of the book. In the wake of the publication of *The FBI Files*, I was contacted by a man about whom I will say little. I will say that he offered that he had formerly served with the FBI in the time period that the FBI was investigating MJ12 and had knowledge of the Bureau's interest in the MJ12 documents. He also supplied information that convinced me that he was genuine. According to the man, the FBI had actually been aware of the intricacies of the MJ12 saga for some two years before Timothy Good published the documents in *Above Top Secret*. However, I was advised, the investigation was intensified after the documents were publicized in the U.S. I was further told that initially there was a fear on the part of the Air Force and the FBI's Foreign Counter-Intelligence people that the MJ12 papers had been fabricated by Soviet intelligence personnel who intended using them as "bait."

That bait was to be used on U.S. citizens who had a personal interest in UFOs but who were also working on sensitive defense-related projects – including the Stealth fighter. The hope on the part of the Soviets, it was suspected by the FBI and AFOSI, was that by offering the MJ12 papers to those targeted sources within the U.S. defense industry, the Soviets would receive something of value of a defense nature in return. The man was unsure precisely how the investigation concluded. He did know, how-

ever, that no charges were brought against anyone. This is an ingenious scenario but it must be stressed that my source reiterated that the Soviet theory was simply that – a theory and nothing more. It was, he said, one of

several avenues being actively pursued by the FBI at the time. A similar comment was made by Gerald Haines, historian of the National Reconnaissance Office, in his controversial paper, "CIA's Role in the Study of UFOs: 1947-1990."

In a section of the report dealing with CIA involvement in UFO investigations in the 1980s, Haines commented that: "Agency analysts from the Life Science Division of OSI and OSWR officially devoted a small amount of their time to issues relating to UFOs. These included counterintelligence concerns that the Soviets and the KGB were using U.S. citizens and UFO groups to obtain information on sensitive U.S. weapons development programs (such as the Stealth aircraft)."

It should also be noted that the Haines paper claims that no original MJ12 documents were known to exist; however, he neglects to reference the so-called Cutler-Twining memorandum that Moore and Shandera located in the National Archives.

There is further evidence, too, that the FBI has in its archives more information pertaining to MJ12 than has surfaced into the public domain thus far. On 16 November 1988, the UFO researcher Larry Bryant wrote to Ms. Hope Nakamura of the Center for National Security Studies and advised her that in a then-recent conversation with William Moore, he had been informed of Moore's efforts to secure the release of the FBI's file on him. The bulk of the FBI's dossier on Moore (which amounted to no less than fifty-five pages) was being withheld for reasons directly affecting the national security of the United States of America. Bryant went on to explain that Moore was attempting to find legal assistance in challenging the nondisclosure of the ma-

jority of the FBI's file. In a determined effort to lend assistance to Moore, Bryant drafted a lengthy and detailed advertisement that he proposed submitting to a number of military newspapers for future publication. Titled *UFO SECRECY/CONGRESS-WATCH*, the ad specifically addressed the eye-opening fact that the Bureau's file on Moore was classified at no less than Secret level, and that at least one other (unnamed) U.S. government agency was also keeping tabs on Moore and his UFO pursuits. In particular those pursuits relating to certain "whistle-blower testimony" which Moore had acquired from a variety of sources within the American military and government. Courageously, Bryant signed off urging those reading the advertisement to contact their local congressman and to press for nothing less than a full-scale inquiry into the issue of UFOs.

Bryant's advertisement was ultimately published (in the 23 November 1988 issue of *The Pentagon*, a publication of the U.S. Army); yet as spirited as it was, it failed to force the FBI to relinquish its files on Moore. By 1993, the FBI's dossier on Moore (which was classified at Secret level) was running at sixty-one pages, of which Moore had succeeded in gaining access to a mere six.

In 1989, Bryant, mindful of the FBI's surveillance of William Moore, attempted to force the Bureau to release any or all records on Stanton Friedman. On 2 August of that year, Bryant received the following response from Richard L. Huff. "Mr. Friedman is the subject of one Headquarters main file. This file is classified in its entirety and I am affirming the denial of access to it."

Bryant's efforts on Friedman's behalf came after he (Friedman) had filed FOIA requests with both the Bureau and the CIA. The response from the CIA was that it had no responsive files – except for a 'negative' name check from the FBI, who subsequently refused to reveal details of either the size of the file or its security classification.

On 28 August 1989, Bryant filed suit in the District Court for the Eastern District of Columbia. "My complaint," explained Bryant, "seeks full disclosure of the

content of the FBI dossier on Stan Friedman. Neither Stan nor I have been able to convince the U.S. Federal Bureau of Investigation to loosen its grasp on that dossier, which Bureau officials assert bears a security classification." Fortunately, in Friedman's case, a "small portion" of the FBI's file pertaining to him was eventually released (on 13 November 1989) as a result of Bryant's actions. The remainder of the FBI file on Friedman has never surfaced.

What are we to make of all this? Consider the following. The FBI conducted several investigations of MJ12 (via its Dallas Office; its Headquarters at Washington, DC; and its Foreign Counter-Intelligence division). It had close liaison with the Air Force Office of Special Investigations on an MJ12-related operation that may have also involved the CIA in an attempt to crack a Soviet intelligence operation that may or may not have existed. And the fact that the Bureau holds an extensive Secret file on William Moore (co-author of the first book on the Roswell crash and a key figure in the MJ12 saga) and a file of unknown size and classification on Stanton Friedman is more than notable. It also suggests that more information currently exist in the archives of the FBI on MJ12 than has been declassified thus far. Whether or not the FBI was ever fully satisfied by its investigations into the murky world of MJ12 and with what it was told by the AFOSI is debatable, however. The final word I will leave to one of Howard Blum's FBI sources: "All we're finding out is that the government doesn't know what it knows. There are too many secret levels."

**Nick Redfern can be contacted at  
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Once again both Gary & Chris would like to express sincere gratitude to Nick for the exclusive use of this article.



# UFOs – The Reality Behind The Myths. (Part Two)

By Gloria Heather Dixon.

## WHERE DO WE GO FROM HERE?

In order to proceed in any direction at all in this bewildering subject, we need to understand some of the present day beliefs and interpretations of extraordinary experiences. What is certainly important is how interpretation of strange events are being understood and drawn together by the witness.

Therefore the folklore of yesterday has transcended into the 'grey alien' imagery of today.. It has been fascinating to see how witness perception has changed during the eighties and nineties in terms of how they interpret a curious event or experience to mirror imagery they have downloaded into their unconscious mind, which depicts the idea of visiting aliens and flying saucers. A percentage of reports appear to have no actual observation of a UFO, but may encompass seeing a strange figure or lights in their bedroom at night, or a car journey where they feel they have experienced 'missing time' and the odd lights and events with fragmented memories of what has occurred.

Because of the powerful representations of aliens and extraterrestrial craft etc. that are carried within the media, press, books, magazines and advertising, some visions of ghostly figures and various other paranormal occurrences are now being perceived as some kind of alien presence, contact or visitation and so interpretation of these events has changed to fit into modern day beliefs. It is often not understood very well that the UFO subject encompasses a huge complex picture and it is essential that researchers realize just how wide the parameters are when investigating claims of UFO encounters.

It is a question of belief or defining unknown experiences within the context of modern day trends and representations of these trends and therefore how these events are perceived triggers the agency to which people will make their reports.

To focus within restrictive parameters will not

increase our knowledge of the nature of this subject and more importantly the nature of people who report them.

In the Space Age in which we live and as our technology has advanced in a dramatic way over the last 20 years people are looking to the skies for answers in the form of visitors from outer space. They are asking more questions and seeking the answers on a scale unknown before and as people move from orthodox religion to New Age type cults, they are becoming more spiritually aware and need to explore that spirituality.

## ALTERNATIVES TO THE EXTRA-TERRESTRIAL HYPOTHESIS (ETH)

So what could be the possibilities in extending our thinking beyond the idea of nuts and bolts spaceships visiting our planet? There are of course many real alternatives and explanations beginning with unidentified atmospheric phenomena (UAP), such as ball lightning, a controversial, but very real possibility in a small percentage of cases and which have certainly been recorded by some UFO organisations as being a real possibility to explain an event. These translucent balls have been known to find their way through solid matter creating problems and physiological effects for those in their path. In fact in one report from the 1950s, the teenager felt the sense of a presence before he observed

the ball of light moving slowly up his staircase. We have the well documented area of earthlights sometimes reported prior to seismic activity and a prime example of these lights have occurred in the Hessdalen Valley in Norway.

Researcher Paul Devereux has conducted long-term research into this area and written several books on the subject. The Longdendale Valley in the Peak District has certainly many recordings of these lights.

Powerful electromagnetic fields (EM) are most certainly responsible in some cases for some claims of inexplicable events.

These EM fields are so strong in some areas that they interact with the brain causing hallucinatory effects creating perceptions of 'missing time' and many visual images that are internally generated when the brain is 'scrambled' and unable to code and present the correct visual images if the events that are occurring. Researcher Albert Budden has conducted long-term research at the cutting edge of this particular area and I highly recommend his books, which will give the reader a real insight into the ramifications of electromagnetic fields and their possible effects.

Some high strangeness UFO cases very possibly lie within the paranormal field of study and have been misunderstood or misinterpreted by the witness to be associated with UFO/alien encounters.

Sleep disorders such as hypnagogia, the altered state of consciousness between waking and sleeping can cause incorrect interpretation of an event, as this 'altered state, can allow visions or the sense of a presence, which appear very real indeed to the person who is having them.

Another disorder is 'sleep paralysis', which occurs during sleep in order to prevent the person acting out their dreams and having a nasty accident.

Unfortunately this condition can sometimes transcend into 'waking time' in some reasonably rare cases and this can cause severe panic for the person.

Then there are what are known as 'awakening dreams' where people are convinced that their 'dream' has actually been a reality of an event and it is difficult for them to accept that this has been a dream. This is a quite common occurrence. The above alternatives to the ETH hypothesis give an idea of the extent of how wide-ranging the other alternatives could be.

## IN CONCLUSION – THE QUESTIONS THAT REMAIN

Is there any evidence that we are being visited by aliens from 'out there'?

Well there is certainly no definitive proof in the form of artefacts or crashed saucers or any captured extraterrestrial entities, beyond rumour and speculation.

There is however mounting evidence from people across the world, who claim they have had a UFO encounter or experienced something not of this world. And which they perceive may be visitors from outer space.

What do we make of these claims particularly those being reported by pilots, astronauts and sane, rational people? Could there be any truth in the idea of nuts and bolts spaceships and alien visitation? What proof in any form is there?

Could some of these claims be the result of the alternatives to the ETH mentioned above and interpreted incorrectly? There are many questions without answers and that is if we are even asking the right questions.

To reiterate on the beginning of this article, without the researchers and people who report these sightings and experiences, there would be no UFO subject for articles, books or media coverage.



The subject has extended way beyond what were understood to be the original parameters of the UFO field of study and as it has extended far beyond the threshold of this framework, so the resulting complexities have created a minefield of speculative thinking on what the reality of UFOs may be.

There are many mysteries for mankind to explore and possibly define in the future whether these are created by alien visitation from outer space or something else from 'inner space' and the enormous unexplored potential of the human consciousness. We need mysteries to lie on the periphery of our lives in order to give meaning to our existence and the nature of reality. And as we embrace our limited understanding of who we are, we reach out to a vast universe to develop and widen that understanding and hope that we are not alone. In the end that is all we can do.

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Gloria Heather Dixon is the editor of Strange Times magazine and Director of Investigations for the British UFO Research Association (BUFORA). She has had a lifetime interest in extraordinary human experiences, specifically focusing her research into claims of near-death experiences and after death contact.

Gary and Chris express their sincere gratitude to Gloria for the kind permission to reproduce this article, within the pages of EYE Magazine.

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Do you have a report/investigation or article you would like to feature in EYE? We are looking for British or European based articles but will consider details from other areas of the globe. These should be referenced where possible. Please include any images if available. Send to our usual address which is on page three. Thanks Chris & Gary

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## Dr. David Clarke The Interview

**D**r. David Clarke, along with close colleague and co-author of 'Out of the Shadows: UFOs, the Establishment and the official cover-up', Andy Roberts, have dedicated many years of diligent research to the UFO subject, but who is David Clarke and how did he become involved with the topic? In this interview originally printed in a Spanish UFO publication with some portions updated by Chris Evers, Dr. David Clarke answers some of those questions pertaining his own involvement with UFOlogy.

First of all, thank you for taking the time in answering these questions, David, and allowing our readers the opportunity to learn just a little bit more about you.

*How/When/Why did you first become interested in the UFO phenomenon?*

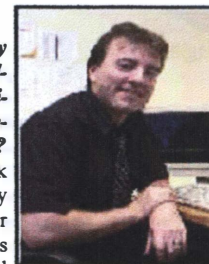
I first became interested in 1978 at the age of 11, after seeing the Spielberg film CE3K and the famous UFO footage from New Zealand that was shown on BBC News on New Year's Day. After that I went out and read everything I could about the subject, including most of the trashy paperbacks that were around at that time, and bought into some of the more far-out ET ideas like the ancient astronauts and Bermuda Triangle. The books that impressed me the most were those by Dr J. Allen Hynek, and that kind of down-to-earth, scientific approach is the path I've tried to follow ever since. But initially, I found the whole subject fascinating, and soon began to investigate sightings in my home city, which put me in touch with Jenny Randles and BUFORA. My training as a historian and journalist led my interest to focus upon the historical background to UFOlogy, firstly by collecting information on the British 'phantom airship' sightings of 1909 and 1913, and latterly to the foo-fighters and ghost-planes of the pre-Arnold period. During the past three years my interest has focussed upon the 1950s, when flying saucers first became popular in the UK, mainly as a result of British newspapers hyping stories from America. This study led me to look at the official documents produced by the Air Ministry and Royal Air Force (RAF) during these periods, when UFOs and flying saucers were hot news and the authorities were forced by public opinion to take them seriously.

*Can ufology be considered a serious intellectual pursuit?*

I don't think UFOlogy could ever be a 'serious intellectual pursuit' in its own right.

There is no agreed body of knowledge to work from, because all the 'evidence' rests upon witness testimony and the 'best' reports have been so poorly investigated that they are largely worthless. 'UFOlogy' is so disorganised and belief-driven, that it is never likely to be taken seriously by mainstream science, which is a pity because there are aspects of the 'UFO phenomenon' that could be studied by scientists. On the one hand some of the most intriguing UFO cases seem to involve novel 'new' phenomena such as ball lightning, earthquake lights and plasmas, the study of which could prove useful to meteorologists and atmospheric physicists. On the other hand, social scientists and historians should be studying the UFOlogists themselves and how the subject has evolved from the human perspective, asking why people continue to believe, so emotionally, in ET UFOs despite a complete lack of evidence. Probably the most relevant academic discipline of all to UFOlogy is contemporary legend and folklore. To my way of thinking, the cultural factors which influence people to 'believe' and to 'see' UFOs, and how those stories are then transmitted to others by the media and the internet, leading to more belief, is the most fascinating aspect of the subject. UFOs, in my view, tell us more about ourselves than they do about 'alien visitors.'

*How do you see British UFOlogy (Continued on page 10)*



*Dr. David Clarke*



(Continued from page 9)  
progressing through the  
next 50 years, will it

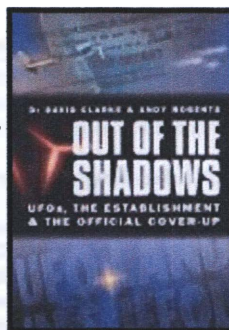
remain as it does in some peoples eyes a pseudo science or do you see it ever being accepted by main stream science?

If you look back at how UFOlogy in the 1950s, that's half a century ago, it dawns on you that nothing has changed and I don't believe things will be any different in 2050. Back then you had the 'serious' UFOlogists who gathered sighting reports and believed the truth (i.e. visits by nut & bolts spaceships) would soon be revealed to the world (we're still waiting!). There were also the weirdoes and the cults such as the Aetherius Society who saw the space people as coming to save us from the bomb, and those who were purely out to gain notoriety or fame by spreading hoaxed stories and photographs. What has changed? All these people are here today, tilting at the same windmills.

As for serious scientific interest, there is no chance of that. Scientists may look at the aspects of the subject that impinge upon their interests, for example in fields such as atmospheric physics, the neurology and psychology of the witness, and the sociological aspects of UFO research community. But physical scientists can't study a 'UFO' (i.e. flying saucer) until they have one to examine! Hence UFOlogists will continue to purvey their brand of pseudo-science and continue to cry out "why won't anyone take us seriously?" 'Twas ever thus.

**What research led up to the publication of your latest book? (Why did you bother writing it if UFOs are not real in your opinion anyway?)**

Where have I said that 'UFOs are not real'? Before I could answer the second question I would require definitions of what you mean by 'real' and what you mean by 'UFOs'! Do you mean 'unidentified flying object' or do you mean 'alien spaceship.' Terms such as UFO and flying saucer are surrounded by linguistic connotations, which is why we prefer to use 'flying saucer' as there is no confusion that in doing so we are referring to craft believed to come from other worlds. The most effective reply would be to pose two other questions – firstly, would you maintain that someone could not write a history of Christianity or Islam without being a believer in those religions? If that is what you mean, then you are saying that UFOs are a matter of



**Out of the Shadows By joint authors Dr. David Clarke & Andy Roberts, takes a fresh look at the subject of UFOs, focussing upon the British Ministry of Defence's investigations into the phenomena since 1940.**

faith, and if you don't 'believe in them' you should not be writing about them, which rather proves my point that the subject is belief-driven, and not

open to objective analysis from outside that closed system. Secondly, on the subject of what is 'real' – even if UFOs (as defined as alien spaceships) do not exist – if millions of people believe they do, and that alters the way they perceive the world, then they in effect become 'real' as a form of myth or legend, which returns me to my start point again!

My approach to the subject is from the viewpoint of a historian and a journalist – and that is how we (my co-author Andy Roberts and myself) have approached the writing of *Out of the Shadows*. We decided to look in depth at the UK Government's interest in UFOs because we felt the question of a 'Government cover-up' had never been effectively investigated outside the context of American UFOlogy. Britain will have a Freedom of Information Act in 2005, and the effects of that are already being felt in that many formerly secret documents are now available to historians. Rather than recycling what other people have said about the UK Government's interest in UFOs, we made applications for files under the new FOIA, we went to the primary documents at the Public Record Office and interviewed those people who produced those documents and made reports about what they had seen in the sky. Few 'UFOlogists' in my experience follow that route, because it is easier to simply re-hash cases that others have written about,

without making any attempt to discover whether they are based upon fact.

*Should the Spaniards be made aware of this kind of research and your conclusions?*

Spain in many ways provided a model for our research, in that your Government and Air Force have been far more co-operative and open on the subject of UFOs. Britain's establishment has always been obsessed by maintaining a culture of secrecy, and under Conservative administrations there was little encouragement for this to end. For those of us who have campaigned for a British FOIA, the examples set by the Spanish and Royal Australian air forces, in allowing access to official files by bona fide researchers (such as Vicente-Juan Ballester Olmos and Bill Chalker) have been good examples to use in persuading the British MOD to be more open.

*What impact has your book had so far?/What impact will your book probably have?*

The book was not written for 'UFOlogists', but rather it was targeted as the 'popular history' market, and we hope that people who would never read a book on UFOs would find much of interest in *Out of the Shadows*. It is very much a history of how 'flying saucers' first arrived in Britain within the context of the Cold War, asking who believed in them and why, and how the British MOD were reluctantly forced to take the subject seriously. We found no evidence for a 'cover-up' of knowledge about alien visitors, but rather a cover-up of ignorance, of military blunders and of a reluctance to look into a subject that many felt was nebulous. We hope 'Shadows' will make historians of popular culture look more deeply at this subject. UFOlogists who believe in conspiracies and cover-ups will continue to believe, whatever documentary evidence is found to prove otherwise. The book has received some excellent reviews in the national Press and has inspired a prestige BBC Radio 4 documentary and a Discovery Europe programme. It's selling very well and a revised paperback edition will be published in spring 2 0 0 3 .

*You mentioned in the original Spanish interview a revised publication in paperback of out of the shadows, what as been revised and what are your conclusions now regarding the alleged government cover-up? ('The book has received some excellent reviews in the national Press*

*and has inspired a prestige BBC Radio 4 documentary*

*and a Discovery Europe programme. It's selling very well and a revised paperback edition will be published in spring 2003.'*)

There are no plans at the moment to issue a paperback version of 'Out of the Shadows' due to the current downturn in the market for UFO-related books. Although we got lots of excellent publicity in the 'quality Press' we never expected a serious, in-depth and honest book about the British Government's interest in UFOs would become a best-seller even at a time of heightened interest in the subject.

At the moment, the public are not buying UFO titles at the moment. Even the Goods and Pops of this world can't place titles with publishers. It's one of those cyclical trends that happen. Quite understandably, ordinary folk are preoccupied with more pressing matters such as war and terrorism and UFOs aren't seen as a priority – after all what real impact do they have on people's day to day lives? This same downturn can be seen in the number of UFO groups and magazines that are either folding or closing down. But eventually we will come full circle and UFOs will be back in the news again in the form of some new fad like the crap (sorry) crop-circles which came and went.

At some stage we hope to produce an updated paperback, that will include a new chapter containing some of the UFO material released by the MoD since publication last May. This includes more policy documents from the 1970s, and case files from as recently as the 1996.

As for my conclusions about the nature of the 'cover-up' – everything I have learned since the book was published (including much new information from former MoD personnel) supports the conclusion we reached. That is there was a cover-up of ignorance and incompetence, rather than any deliberate attempt to conceal real knowledge not available to the public.

*Are you more or less sceptical than you were when you started out?*

A bit of both! I'm more sceptical about the  
(Continued on page 12)



(Continued from page 11)

idea of a formal 'cover-up', and about the reliability of witness testimony. Having access to official files has demonstrated how some of the classic cases, such as the police chase of the 'flying cross' in 1967 were complex misperceptions that triggered off a wave of sightings mainly as a result of the media coverage. The MOD recognised the effect of media-inspired rumours, and as a result began to consult psychologists as a standard part of their inquiries. However, despite all this there are a few incidents, all from the 1950s, where we were able to interview the eye-witnesses, that did seem to suggest that something unusual had been observed. We are more inclined to the view that 'something' was an unknown natural phenomena rather than interplanetary visitors.

*Tell us about/Plug your web page!*

We launched [www.flyingsaucery.com](http://www.flyingsaucery.com) in the summer of 2001 partly to promote our book, and partly as an outlet for our other work and interests in the fields of UFOlogy and folklore. The advent of the internet has killed off many of the small UFO magazines that were influential in the past, and we think that's a shame because the quality of UFO material available on the world wide web is generally very poor. Andy used to edit the very popular UFO Brigantia which folded in the early 90s, and the new website has allowed us to upload articles from the magazine into an electronic format. We were also the first to make available the MOD file on the Rendlesham Forest incident, and the Flying Saucer Working Party report, on our website, free of charge to researchers across the world for research purposes. Today we're getting 5-600 hits per week which is very good news a year after launch.

*Your web page doesn't seem to have been updated for sometime what are your plans for your internet site?*

We are reliant upon our web-page designer for updates, and his first priority lies with his own business. Flyingsaucery was launched primarily to promote our book and to place some of the new MoD document releases free of charge into the public domain. We were the first to release the Rendlesham File and the Flying Saucer Working Party into the public domain, after a lot of hard work and expense. It has been amusing to see others such as Georgina Bruni and Nick Pope using our hard-won material without credit or even a reference to how it was originally located —but we guess that imitation is the best form of flattery!

As for current plans, my more recent work has been to develop spin-off websites purely focused upon in-depth case research. For example, I have helped to compile and launch the site dedicated to the Lakenheath-Bentwaters UFO radar-visual case of 1956 at:

[www.parcellular.fsnet.co.uk/Lakenheath.htm](http://www.parcellular.fsnet.co.uk/Lakenheath.htm)

This contains links not only to dozens of original PRO documents, but also three detailed papers on the MoD's investigations into UFOs during the '50s and facsimiles of important Air Ministry documents. In addition my paper on the 1947 'Operation Charlie' incidents over the North Sea have been recently posted on the Project 1947 website maintained by Jan Aldrich in the USA. Eventually I hope to link all these disparate sites with the main Flyingsaucery research centre.

*What's the most amazing thing you discovered during your research?*

For me, the discovery that there had been a 'secret' British Government committee, set up to investigate sightings of 'flying saucers' was pretty amazing, as it had been officially denied for so long. When I found the papers proving the existence of this 'Flying Saucer Working Party' at the PRO it was like a dream come true.

*Have you ever been to Spain? Any contact with the Spanish researchers? Do you think your conclusions are probably applicable to what has gone on in all European countries?*

My visits to Spain have been confined to well-earned sunshine holidays in the Canary Islands, but I would much like to visit the mainland and to exchange information with Spanish UFOlogists. I have been in touch with V-J Ballester Olmos for some time, and in fact he persuaded

me to accept a position on the editorial board of the Journal of Abduction and UFO Studies, despite my misgivings about 'abduction' terminology. I think we could learn a lot about the nature of belief in UFOs and Government investigations if researchers in Europe were to pool their resources. Too much of the literature of this subject is dominated by the writings and beliefs of UFOlogists in the USA, in my view. The history of UFOlogy in Britain is radically different from the USA, and we wanted to reclaim our history rather than just being a footnote in a US-dominated 'history' of UFOlogy.

*In What way is the subject different in the UK and why do you think this is so?*

American UFOlogy is a different species because the vast majority of its people are either explicit or implicit in their belief that unexplained UFOs are nuts & bolts ET craft. Their skeptics tend to be equally blinkered, and graduates of the CSICOP school of debunkery. So it's all or nothing, you are either with us or against us, as George Dubya is fond of saying, there is no middle ground. What's more they have no tradition of 'psycho-social UFOlogy' like we have here in the UK. Look again at French and Italian UFOlogy, and the subject in those countries is again radically different to that in the US and UK — again emphasising that that it is human beings who define and create the subject that we study. UFOlogy simply reflects the culture in which it is practiced — which may explain why US UFOlogy is nuts & bolts (with the emphasis on the 'nuts'), French and European UFOlogy is highly sceptical and philosophical and the UK hovers somewhere between the two! I believe that European UFOlogy is the more healthy and open-minded as a result. UFOlogy in the US is more what I call 'corporate' — it's run by a few showbiz-types who have been in the field for years and are clearly not interested in 'solving' classic cases like McMinnville which have become sacred cows. This would kill the mystery which keeps the audience hooked and would take away their livelihood. To them, promoting sensational and profitable nonsense will always be more attractive than original research which is expensive, time-consuming and unglamorous.

*What case has particularly impressed you and why?*

Two cases detailed in the book have impressed me the most. The first were the sightings by the RAF test pilots at Farnborough airfield in 1950, that were investigated by the Flying Saucer Working Party from the MOD [Ministry of Defence]. The second was the sighting of three flying saucers by an RAF and a Royal Navy pilot whilst flying a Meteor 7 from the Central Flying School in October 1952. In both cases we have the first-hand testimony of the witnesses, evidence of an official investigation, and in the second case an apparent radar tie-in.

*If you had to select what you considered to be the three strongest UFO cases on record - that is, three cases which bespeak a genuine phenomenon with some basis in physical reality - which would you choose?*

I would chose the Farnborough and Little Rissington cases detailed in the answer to Question 10 as the strongest on record from my point of view. In the Farnborough case, although the initial sighting involved only one witness (Wing Commander Stan Hubbard), he was a highly experienced test-pilot. I don't believe he is lying, and if his description of the object he saw at close range is accurate, then we are left with very few options. Either it was 'something from elsewhere,' as he continues to believe 52 years later, or he was the victim of 'an optical illusion' as the British MOD concluded at the time. I'm tempted to go for the first option, but others may chose differently. In terms of other 'strong cases' I would not choose any of the so-called 'classics' such as Trinidad, McMinnville, etc because none have been adequately documented and investigated and have more holes in them than Swiss cheese. American UFOlogists tend, in my experience, to be fiercely emotionally attached to their 'best' cases and don't want to find explanations for them; hence, I tend to regard this body of evidence as worthless. Some of the so-called classic cases we looked at in-depth, such as the Bentwaters-Lakenheath incident of 1956, collapsed when we interviewed the key participants and accessed contempo-

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page 13)

rary records. Cases which rely upon radar evidence in particular, we found to be among the most unreliable of all, contrary to popular opinion. Whenever you see someone arguing for the reality of 'alien craft' they always cite objects tracked by radar as the best evidence that 'solid' UFOs exist, but this is based upon a fundamental misconception about the nature of radar. UFOlogists tend to think that radar, like camera, 'cannot lie' but do not understand the complexities of how radar works and how interpretation of radar data is fraught with problems when it comes to 'UFOs.' At the moment there is a great deal of discussion in US UFOlogy about the famous Washington DC radar incidents from the summer of 1952. Pro-UFOlogists are arguing that the blips tracked on radar could not possibly be due to 'temperature inversions' because the radar operators who reported them were experienced and could tell the difference between weather effects and 'solid' targets. Yet these events happened in 1952, when radar was still in the developmental stages and many years before the nature of 'radar angels' and the effects of atmospheric anomalies were fully understood. No one appears to have even asked an atmospheric physicist in 2002 what his or her opinion of these 1952 reports is today, they are still relying upon data and opinions that are fifty years old! That is another reason why UFOlogy falls short of being an 'intellectual pursuit', certainly at a popular level anyway.

*What is your take on the abduction phenomenon, here and now, in 2002? Is there something to it? If so, what might the abduction phenomenon represent?* I don't accept that there is, or ever was, 'an abduction phenomenon' outside the imagination of UFOlogists. That's not to say that thousands of people who UFOlogists have portrayed as 'abductees' are lying. Nothing is as black and white as that. Many of them have undoubtedly had a very real and in many cases traumatic experience, but it is the nature of that experience that I would question. There are

many examples of people having 'experiences' where others standing nearby have seen or heard nothing. But once again we are back to how we define the word 'real'. Are these experiences any more or less real than the stories of people who visited the Celtic other world in Irish mythology, or those who were 'taken' to fairyland or were attacked by demons or spirits in past centuries? In all these cases strange experiences that people had were shaped by the culture in which they lived. Today we live in the space age, at a time when traditional religion is in decline in the West. In the absence of any formal channels whereby people in the 21<sup>st</sup> century can experience a mystical or religious experience, abduction by aliens provides a very neat and up-to-date alternative. In traditional societies, 'gifted' people such as the shamans actually went out and actively sought trance-like states where they would travel to the land of the spirits and have crystals inserted into their bodies. In modern, hi-tech societies this kind of 'spiritual' journey is something that is strange or unknown, but people are still looking for something else, something that cannot be explained by science which likes to reduce everything to a simple equation. As I've said, people have always had this kind of experience, for example seeing strange lights or entities, experiencing 'missing time' and having marks on their bodies – this is, after all, at the basis of all the world's oldest religions. These are life-changing experiences, but they aren't necessarily evidence of aliens who are kidnapping and experimenting upon people. That is entirely the product of UFOlogists, many of whom are making a living out of finding, writing about and spreading these stories largely for their own benefit, and certainly not for the benefit of the 'abductees'. The similarities with the witch-craze in medieval Europe are too close to ignore, but UFOlogists tend to believe that the cultural interpretation which they place upon these experiences is the correct one, which strikes me as somewhat arrogant. Which brings me neatly back to why UFOlogy will never become a serious intellectual pursuit, simply because it is by its very nature belief-driven.

*Noting your comments regarding abductions what do you feel/believe they could be experiencing and how do you feel regarding the possible launch of a national group similar to Mary Rodwell's ACERN organization in Australia?* I feel quite simply that the very word 'abduction'

is a meaningless term created and spread by certain UFOlogists to pigeon-hole anomalous human experiences which have been known and documented for centuries. These types of experiences are known in every culture and were in the past seen as religious or mystical in nature. Mankind has always experienced encounters with beings from other worlds – in the past they were called angels or demons, fairies or spirits and we even had specialists, the shaman and later the priests, whose job it was to act as intermediaries and counselors. Today we have largely abandoned religion and live in a cold, technological age but people still yearn for mystical experiences that cannot be accommodated or accepted in modern culture, because we have lost the traditional framework that used to help us interpret them. Hence people no longer meet angels or fairies and are taken on tours of heaven or fairyland. The fairies now ride around in flying saucers. It's as simple as that. As the Irish folklorist Dermot MacManus wrote: "The human community, ancient or modern, highly civilised or savage, that has no knowledge of, or belief in, spiritual beings, is yet to be found." I don't understand how launching yet another national group to study 'abductions' is going to make any progress unless it can take off the blinkers and understand that 'alien abductions' are just the latest fad in an ancient tradition of contact with spiritual beings that has been going on since ever.

#### *What is your next project?*

I'm planning to concentrate on my academic career and to continuing with my research into official records. I teach a course covering supernatural traditions, everything from UFOs to ghosts and urban legends, to third year undergraduates in the School of English at the University of Sheffield. This is part of a degree in Folklore set up by the Centre for English Cultural Tradition and Language, where I studied for my Ph.D. I hope to complete a more detailed analysis of British Intelligence's role in the study of UFOs from the Second World War to the present in a paper I'm working on for the academic journal *Defence and National Security*.

Ph.D in English Cultural Tradition and Language, University of Sheffield (1999)

Thesis subject was the cult of the human head in Celtic mythology, British tradition and folklore.

BA (Hons) dual honours Archaeology and Medieval History at Sheffield University (graduated 1990).

As a UFOlogist, I was a founder member of the Independent UFO Network (IUN) in 1987 and of the UFO Investigator's Network (UFOIN) in 1999. I have also served as a Council member of the British UFO Research Association (BUFORA) in the late 1980s. As a news journalist, I have worked for ten years on a range of regional newspapers including the Sheffield Star and Yorkshire Post, and now work freelance as a journalist and university lecturer. I hold a Honorary Research Fellowship in the National Centre for English Cultural Tradition and Language, University of Sheffield, where I teach Traditions of Supernatural Belief, a 2nd and 3rd year undergraduate option in the School of English.

My specialist areas of research interest are: contemporary legend and belief: specifically 'space age' folklore (conspiracy theories, 'flying saucer' and UFO beliefs); rumour transmission and rumour-panics within a supernatural context; the interface between archaeology, oral tradition and belief; custom and belief, specifically in the context of northern England and the Peak District Books: *Phantoms of the Sky: UFOs - A Modern Myth?* (with Andy Roberts), London: Robert Hale, 1990. *Ghosts and Legends of the Peak District*, Norwich: Jarrold Publishing, 1991.

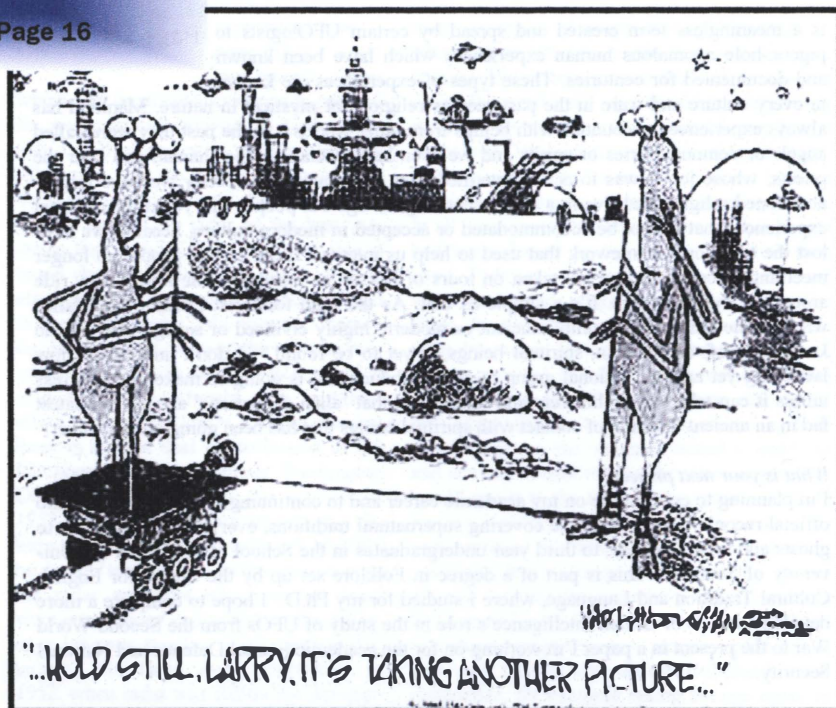
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Contributor to: *Fortean Times*, *Fortean Studies*, *Folklore Journal*, *Peak and Pennine Magazine*, *UFO Magazine*, *UFO Brigantia*, *Third Stone*, *International UFO Reporter*.

Series consultant to: LWT 'Strange But True' (2 series); BBC *Mysteries*; BBC *Close Up North*; Granada TV 'Origin Unknown', Channel 4 *Equinox*, Four Winds Production, XYTV; Granada TV 'The Haunted Valley' (November 2000).





## First Picture of Earth From Mars

### National Geographic News

### May 22, 2003

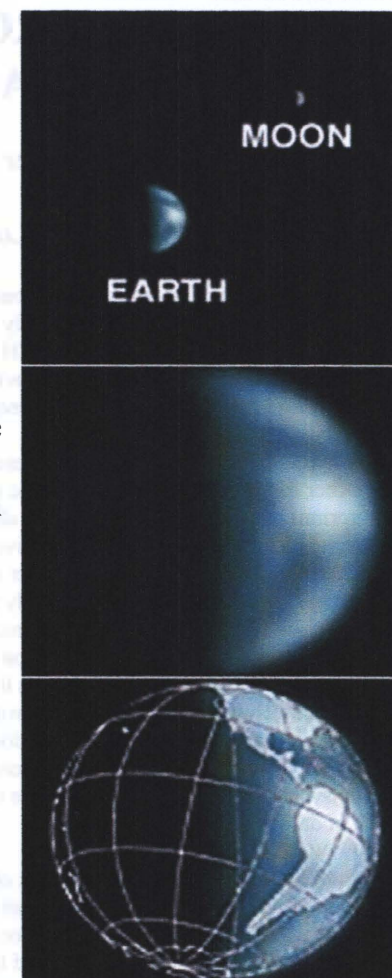
*No one would have believed, in the last years of the 19th century, that human affairs were being watched from the timeless worlds of space. No one could have dreamed that we were being scrutinized as someone with a microscope studies creatures that swarm and multiply in a drop of water. Few men even considered the possibility of life on other planets. And yet, across the gulf of space, minds immeasurably superior to ours regarded this Earth with envious eyes, and slowly, and surely, they drew their plans against us.—War of the Worlds, by H.G. Wells (1898).*

A century after H.G. Wells wrote his novel about the invasion of the Earth by Martians, the first photograph of our planet as seen from Mars has been made. It is what Martians would see if they scrutinized the Earth.

The camera aboard NASA's Mars Global Surveyor (MGS) spacecraft currently orbiting the red planet photographed Earth, the moon and Jupiter, as seen in the evening sky of Mars, at 9 a. m. EDT, May 8, 2003.

"This first-ever image of its kind not only shows Mother Earth as a tiny alien world in the vast darkness of space, but also includes a view of the giant planet Jupiter and some of its larger moons," Malin Space Science Systems (MSSS), of San Diego, which operates the camera aboard MGS, said in a statement accompanying the release of the image.

Source:  
nationalgeographic.com



*This is the first image of Earth (top and middle) taken from another planet, with a digitally created reference to show the Earth's position.*

*Image by NASA/JPL/Malin Space Science Systems*



# ALIEN ABDUCTION – AN EMERGING CLINICAL PARADIGM

A hypnotherapy master class by Bruce Fox, PhD

Imperial College, London – 6/7 July 2002

**D**r. Bruce Fox, an American based in Miami, is a behavioural scientist and therapist, and is currently studying for a Masters in quantum physics. When I saw in our LCCH (London College of Clinical Hypnosis) newsletter, that he'd been invited to London to host a two-day workshop for clinicians on the alien abduction phenomenon, I just had to go.

I am a hypnotherapist myself, fairly recently trained, but have been an abduction researcher for very much longer, and one who entirely agrees with BUFORA's moratorium on the use of regression for alleged abductees. My main reason for doing hypnosis training, actually, was to give myself the chance to have an educated and informed opinion on hypnosis, rather than just purely a gut feeling that this was the wrong approach for experiencer's. My training served to validate my views that hypnosis is not a tool to be used for the retrieval of alleged memories of abduction or of periods of missing time. Information elicited under hypnotic regression is as likely to be fantasy and confabulation as it is to be fact – the unconscious mind is concerned solely with meaning and not with objective truth, and it will use every sneaky trick in the book to get the conscious mind of the individual to become aware of an issue, or to allow that person to become whomever they want to be. This is called psycho-drama, and we experience it every night in our dreams and daily in states of day-dream and reverie.

I have not been impressed with the work of some well-known abduction researchers in the States who use hypnosis, and in fact have cringed in horror when watching video-tapes of their sessions with experiencer's, especially when children were the subjects. Leading questions, gestures and body language are the order of the day, and gullibility is so pronounced amongst those who really should know better.

But I have a problem here. The above are my views as a hypnotist and researcher – but what do I do as a therapist to help a patient who believes they have been abducted by aliens? Do I turn them away, or refer them to another type of mental health practitioner, who will undoubtedly diagnose some kind of psychopathology? Are the attitudes of the therapist and the researcher mutually exclusive? As a therapist, the prime directive is to help the patient to achieve full functionality and feel good about himself, or as much as is possible, but as a researcher and investigator I am after objective truth and evidence that will satisfy scientific scrutiny. Dilemma, hence my attendance at this seminar.

There were eight of us at the master class, and I was disappointed to find I was the only representative of the paranormal research community, although the class had been widely advertised. However, the small number made for a very satisfying, intimate and interactive group, with plenty of one-to-one sharing of knowledge and experience between Bruce and myself. He started off with an overview of the abduction phenomenon for those unfamiliar with it, and then spent most of the first day discussing the possible causes and the elements to look for when taking the witness' case – history. As in any medical or therapeutic intervention, and indeed as in any good detective work, the inaugural interview will offer you a wealth of clues and signals, and is arguably the most important part of the treatment plan. To facilitate this, Dr. Fox has prepared a list of topics and questions which might usefully be used in the initial consultation, covering such areas as: educational level, prior medical and surgical history, physical appearance and hygiene, types of books and films preferred, recent general anaesthetics (gaseous)\*, family history and function, history of substance abuse, sensitivities and allergies, exposure to toxins, pollutants and electromagnetic fields, dietary regimen, religious beliefs, scars and birthmarks, sexual behaviour etc. The full list is extensive and comprehensive.

Since I am not writing this article for clinicians, I will just briefly summarise, in list form, some of the areas the seminar covered:

- ♦ The emerging role of quantum physics in explaining unusual (clinical) phenomena
- "Toto, we're not in Kansas anymore"**

- ♦ An analysis of the holographic and non-local models of consciousness
- ♦ Psychological profiles and characteristics of abductees
- ♦ Major psychiatric illnesses in abduction experiencer's
- ♦ Post traumatic stress disorder in abduction scenarios
- ♦ Treatment of close extra-terrestrial encounter experiences
- ♦ Evidence for abuse and correlations with traumatic childhoods
- ♦ Comparative phenomenology: NDEs, OBEs, past-life recall and alien abduction
- ♦ Fantasy-prone personality hypothesis
- ♦ Misconceptions of the individual mind
- ♦ Phobias related to recall of abduction and their resolution
- ♦ Probative limitations of DSM-IV (the "bible" of neuro- and psychopathology)
- ♦ Why the abduction phenomenon cannot be explained by conventional diagnostic protocols

It was an interesting, if rather intensive first day, and as is usual in these situations a few of us retired to a local hostelry to mull things over, swap stories and views and nervously look for any unaccountable scars. I was rather concerned that the overview of the phenomenon had taken on a distinctly "American" feel, with talk about ETs, hybrid breeding programmes, missing foetuses and calamitous world changes. I expressed my concerns to Bruce, who said, "Ah, wait till tomorrow, and I'll deconstruct all that. You Europeans are so much more on the

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ball. Remember, nothing is ever what it seems.” Sentiments I share completely. He did also inform me that BUFORA is a known and very well respected organisation in the States. I was getting to like this guy more and more!

The second day was quantum physics, mind and parallel realities day – right up my street. The concept of a universe composed of packets of formless energy (quanta) was explored, with consciousness being the force that creates and influences the organisation of matter. Do we create our own realities, bring into existence whatever serves our evolutionary purpose, both physical and spiritual? Is this what alleged alien abductions, and other paranormal manifestations are all about? It’s all about energy, and our interaction with those as yet undefined energies. Or is it?

Just when I thought we’d come to a sort of philosophical consensus, Bruce hits us with a couple of case histories which challenge his, and my belief systems, and the one I’m about to briefly cover was in fact the case that brought him into this whole, confusing field.

Bruce had been working in the field of psychology and therapy for years, and had little knowledge and certainly no experience of ufology and abduction research. A patient came to him one day, several years ago, a woman in her early thirties presenting with a multiplicity of debilitating symptoms. She was depressed, anxious, had a drink problem and an eating disorder, slept badly and was barely functional. When presented with compound scenarios like this, the therapist has to prioritise in his treatment plan, and the first problem to be tackled is always the addictive behaviour, in this case the alcoholism. CBT (cognitive behavioural therapy) is found now to be the most effective approach, a two-pronged attack on thought patterns and the actual habit itself. Bruce sent her off to AA, on the condition that if she got “clean”, they would then tackle the other problems. Kathryn did this, so hypnotherapy duly commenced. In an effort to establish when the dysfunctional behaviour really started, and why, Bruce used a technique called “free-floating regression”, in effect asking the unconscious mind to go to the time when things started going wrong. Normally, the patient doesn’t consciously know himself when this was, or if he thinks he does he’s quite often mistaken. I’m paraphrasing the following dialogue, for reasons of clarity and conciseness.

The response from Kathryn, “They’re here.”

BF “Who’s here?”

K “Them. They’re here again, around my bed”

BF “Who is ‘them’?”

K “Them”.

Bruce then asked if it were her parents, or siblings or persons known to her. Of course ideas of sexual abuse were already hovering in his mind, but he was careful not to contaminate the session with this. Answers to all his questions were in the negative. Eventually.....

BF “How to you perceive ‘them’?”

K “They’re grey with big black eyes, and they’re watching me around my bed”.

BF “How old are you ?”

K “I’m five.”

Bruce was astonished, and perplexed. He continued the therapy with Kathryn, determined to get to the bottom of this, bringing in all aspects of Freudian and Jungian psychotherapy, but nothing seemed to fit. Could this be one of these alien abduction scenarios so beloved of the tabloid press? He started to do some research, acquainting himself with the many theories doing the rounds, looking for similarities and patterns which he could analyse, anything that could make sense of his patient’s experiences. In subsequent sessions, she regressed to a time when, as a sexually mature adult, “they” came again and inserted something into her abdomen. She was afraid and asked them (mentally, as always) what they were doing. They told her not to worry, that they were just extracting some eggs. By this time Bruce had established that sexual abuse was not an issue at all, and in that respect Kathryn’s family were perfectly normal and loving.

During further sessions, she described the “vessel” to which she was taken, the appearance of the presences around her, their clothing, and in particular the buckle of a belt they wore around the middle of their close-fitting clothing. Under hypnosis she was asked to draw this buckle, and was asked many times during different sessions the same questions and to draw this same buckle. Everything tallied up every time, even down to the angle of the pattern on the belt, the number of dots on the buckle and length between dots, thus suggesting that fantasy was not at the root of this strange paradigm. During one of her “abductions”, she asked what the pattern on the buckle represented and she was told, “This is where we (and she understood this

to mean them and her) come from.”

Kathryn was a devout Catholic, and at the time she presented to Bruce she had a child out of wedlock. She had had a single sexual encounter with a tall, blond, blue-eyed man who seemed to exert some kind of seductive, hypnotic influence on her, causing her to act totally out of character, certainly in a sexual sense. She has never seen or been contacted by this man since. In the class, we all looked at each other, and I offered the opinion that it was possible that Kathryn’s guilt about a one-night stand had caused her unconscious mind to concoct this whole scenario as a form of expiation. I am a Catholic myself, and I know all about the admonitions concerning sexual morality. Obviously Bruce had considered this, and had discounted it.

From Kathryn, Bruce has learned that Kathryn’s mother has been part of this on-going phenomenon, but she doesn’t wish to discuss or explore it. Kathryn’s daughter is also involved, as we shall see.

During the seminar, Bruce emphasised that when confronted by cases like this it is important to do some real detective work in an effort to try and prove, or disprove, the objective validity of the patient’s experience. Look for evidence to substantiate the bizarre claims. This he has done, and it has left him with more questions than answers.

Kathryn and her daughter were taken to a physician and thence to certain medical and psychological

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specialists. Kathryn has a scar just below her navel identical to a scar that would be left by a laparoscopy- she has never had surgery. Her daughter has an anomalous object, picked up in an MRI scan, buried deep within the basal ganglia of the brain, in an area inaccessible to even the most skilled neurosurgeon. Directly opposite this object, at the base of the cranium at the back of the neck, is a small star-shaped scar that is unaccounted for. Both persons' DNA is unusual. Samples were sent to a geneticist for analysis, simply with instruction to test and look for familial connection. The geneticist called Bruce and asked him where the samples were from, since although they were definitely human and genetically connected, both sets of samples exhibited anomalous structure in the telomeres. Telomeres are long strands attached to the DNA material, but in the cases of Kathryn and her daughter the telomeres were of extreme length with unusual adhesions. The scientist had never seen anything like this in human DNA. If Kathryn's mother had agreed to be tested, she may have exhibited the same chromosomal abnormalities.

Under psychological testing, the daughter was found to have an IQ of 200 at five years of age, and Bruce maintained that talking to her was like talking to someone who has the knowledge of the ages, wise well beyond her years. He felt humbled in her presence. As Kathryn's therapy sessions progressed, she began to talk, whilst under hypnosis, about subjects of which she had no conscious knowledge, nor the intellect to understand. It appeared to be a form of channelling. In class, we discussed the concept of cryptomnesia, and I still believe that this might be applicable to Kathryn's situation, but Bruce thought otherwise. Kathryn has a high school education, up to the equivalent level of our GCSEs I believe, and is a baker by trade. She makes wonderful cakes. Since hypnotherapy began, where she has access to unconscious reserves, her whole intellectual demeanour has changed. She has never had any interest in science, science fiction, astronomy or cosmology, she maintains, and yet she discusses concepts under hypnosis that would do credit to a trained astro-physicist. For the purposes of this article, I asked Bruce if I could recount some of her utterances, and this is what he sent me by email (Bruce is publishing a paper on this case, so direct quotes were not allowed by the publisher). In Bruce's words:

"Whilst in deep hypnosis, Kathryn was asked to draw what she 'perceived' while aboard the putative ET vessel. On three separate occasions during the sessions, she drew a series of dots. When they were overlaid, there was no significant difference regarding pattern structure. When the diagrams were shown to an astro-physicist, he said the dots 'clearly and unambiguously' represented the constellation Orion. On another occasion, Kathryn, whose education terminated at High School, gave an eloquent discourse regarding the spiritual and quantum basis for space-time. When she was asked to explain the terminology that so eloquently flowed from her lips, she said without a nanosecond of hesitation that the Einstein-Tiller model pertaining to negative space-time will be totally validated by the year 2030 and will form one of the 'seven legs' that will ultimately support the Unified Field Theory - a theory that will eventually become a law."

Well, what to make of that? Is it cryptomnesia - her unconscious pulling together

material that she has heard or read but didn't register in her conscious memory? Has she, under hypnosis, connected with another superior consciousness of a scientist, living or dead? Has she tuned into a collective unconscious, home of all human insight and archetypes, variously known as the anima mundi, the Web of Wyrd or the Akashic Records. Similarly, is Sheldrake's hypothesis of morphic resonance applicable? Is all this information already programmed into our DNA, and through a process of staggered evolutionary jumps being released into human awareness, as and when appropriate? Are Kathryn and her daughter, and others like them, the vanguard representatives of our next stage - *homo noeticus*? (emerging integration of the alpha and beta states of consciousness). Or are real ETs or transtemporal/dimensional intelligences actually manipulating our DNA, and our minds, for reasons we don't clearly understand? Questions, questions, questions and no definitive answers.

Another patient of Bruce's, a biologist with a child of extremely high intelligence, had an alleged implant in his leg. On consultation, it was agreed that the object should be removed and analysed. It was reported to be a small piece of bony/cartilaginous-type material, and was 'lost' by the laboratory. The man was subsequently visited again by "them", was admonished for having allowed the object to be removed, so putting them to the trouble of having to insert another one in his other leg. He was told that it was there for good reason - over the years during his work as a biologist he had inhaled and absorbed through his skin certain noxious substances that were endangering his health and fertility. This was not on, as he had important work to do in the future in the field of human biology and genetics. Rather sheepishly, he reported back to Bruce with a fresh hairline scar on his other leg, with something hard inside it. They had also told him to continue seeing Bruce because he (Bruce)

had to learn and understand what was really going on. I couldn't even begin to try to unravel that one!

A therapist must not allow his belief system (or lack of it) to interfere with his clinical judgement. When beliefs are allowed to contaminate judgement, effectiveness of therapy and patient/therapist rapport is greatly impaired. If a therapist judges that his patient is totally sane and not suffering from any psychotic or neurotic delusional condition, what is he to make of this kind of material? Refuting or rejecting the possibility of the abduction phenomenon does not necessarily negate the possibility of its existence. And even for me, the arch ETH sceptic, it must remain a possibility, if an improbability, until it has been proven impossible or another theory proves to cover all the bases.

As one studies the ramifications of the discoveries being made in the world of quantum physics and consciousness, it seems that the impossible is actually happening, or perhaps more accurately we are making the impossible possible. Is society ready to deal with the impossible, the truly amazing paradigms that are emerging in the understanding of the human condition? I came away from this seminar pensive and thoughtful, with the hard edge knocked off my cynicism and scepticism. A witness coming to me for help, whom I judge clinically to be

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sound of mind and yet outside of normal diagnostic protocols, deserves something immeasurably better than that, and I don't just mean suspension of my disbelief for therapeutic purposes. It behoves us all, everyone involved in abduction research and therapy, to bring to bear the keenest intellectual processing and the most rigorous of investigative protocols in order to do justice to our witnesses and hopefully one day expose the true heart of the abduction phenomenon.

\*It is interesting to note that inhaled anaesthetics, especially Halothane, are stored in the liver for long periods and can be released gradually over years, giving rise to episodes of an accountable depression.

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August 2002

I observed this light approaching/coming toward me at fast speed. It was dark, clear sky. It stopped approx 300mtrs away from the circling overhead police helicopter and continued to "observe" it for approx 10 mins. When the helicopter vacated the area in a NE direction, the light disappeared at vast speed in a SE direction and disappeared. It not only stopped and observed helicopter, it made circular sweeps and right angled sweeps. It was impossible for it to be an aeroplane as the object was stationary when it was observing, and 2 it couldn't have been a helicopter as the right angled movements it made would not have been possible for this type of aircraft.

This is the first time I have ever seen something like this, and to be honest it was a weird experience. I genuinely hope it was "something" because it was fascinating to watch it perform.

A motor vehicle approached behind me down a well lit street and also looked up into the sky but did not stop. The car had 2 occupants in it, possible witnesses?? Dunno. When it vacated the air space, I can only describe it as "bloody fast" and silent. The light faded when it was a distance away. Really wonderful experience and I really hope its something.

I have also reported the incident to my local police station, and received a log number for it so you can verify I have actually seen this event. ((NUFORC Note: The witness holds a position of responsibility, and possesses considerable technical background. PD)).

Being right on our doorstep we didn't waste any time looking into this story. On reading this

## White Orb Buzzes The Fuzz Or Does It?

In a recent issue of Filer's Files (**Filer's Files #24** - ), came the following report taken from the National UFO Reporting Centre run by Peter Davenport, under the title: "England - UFO observes police helicopter for ten minutes".

Occurred : 5/30/2003 23:25 (Entered as : 05/30/2003 23:25)

Reported: 5/30/2003 4:02:57 PM 16:02

Posted: 6/3/2003

Location: Kingston-upon-Hull (UK England),

Shape: Light

Duration: 10 Mins Bright light observing Police Helicopter for 10 Mins in clear night sky

report Chris immediately e-mailed Peter Davenport, at NUFORC requesting more details,

From: Chris Evers

To: [director@ufocenter.com](mailto:director@ufocenter.com)

Subject Sent: Sighting in Kingston-Upon-Hull at 11:25 PM on May 30, 2003.

The EYE offer of help sent on Wed 11/06/03 23:10, besides having a response that the e-mail was displayed on the directors computer, have received no further information to the offer of help.

After approaching contacts at Humberside Police, we are now able to inform you of our findings thus far,

"I [Gary] received a telephone call on Wednesday 18th, June (17.45) from Sergeant Denton of Humberside Police Helicopter Support Section, regarding the sighting posted on Filer's Files, the salient facts are the witness called the Police immediately after the sighting at 23.45 (which was confirmed by Mr. S Fowle of the MoD in a letter dated 25 June). The witness began his observation of a ufo at 23.25.

The alleged UFO/s supposedly followed the helicopter, was in front of the helicopter and alongside it at close proximity, executing circular sweeps with stationary and tracking moments according to the witness.

An important fact is the crew of the helicopter saw \*nothing\* in the sky certainly didn't witness anything strange at all!

The UFO/s were also searched for by ground observation and \*nothing\* was seen. What's more we now know other witnesses who watched the helicopter during that particular flight who saw nothing but the helicopter. Another incredible admission is that the helicopters sophisticated surveillance equipment didn't detect anything either. (?)

Sergeant Denton was surprised how quickly the account proliferated the internet. Because of a personal family matter I became somewhat acquainted with members of the Humberside police helicopter support section, the work which they do is extremely important with many vital intrinsic functions I have no reason to doubt that any of them would have cause to lie about this occurrence. We have a dilemma in that so far we have been unable to locate the original witness and we are certainly willing to give him the benefit of the doubt and try to understand the confusing aspects of this incident.

Brief details of the sighting were featured in UFO Magazine August & October editions ps 47,77.

Sgt. Denton asked me to convey the support crew did not see anything strange in the sky but speculated that the witness may have seen a laser display from a local nightclub -- these are frequent during weekends and sometimes sighted by the crews. (But not on this occasion). We are following this angle and others up. I am sure that the Helicopter Support Section would appreciate not receiving any more phone calls about this matter EYE Magazine, will of course let you know of any further developments from on going enquiries.

Sources: Filer's Files #24.

<http://www.nuforc.org/>

<http://www.smartgroups.com/group/group.cfm?gid=292370>

The EYE  
Website  
Www.hufos1.  
karoo.net  
It's now  
online, & its  
FREE to  
view, take a  
look today.



## TECHNIQUES FOR CE-IVs

### The Time Line

By Karin Hoppe Holloway, BA, CHt, CEA

www.health-concern.com

**T**he Time Line is a tool for the investigator's initial CE-IV client-centered investigation. A map of the abductees exceptional experiences can be compiled from the Time Line which will be useful for the therapist's differential diagnosis and for suggesting entry points for hypnotic regression.

### The Time Line

All you need to make your own Time Line are multiple sheets of paper and a writing instrument. The use of colored markers will further help you to see any patterns. Start with a mind map; its doodle-like branches and clusters will help you divide up your Experiences right away into categories. Cluster similar events together on the page. Some possible categories are UFOs, sleep parasomnias (OBEs, ASPs, lucid dreams, etc.), bedroom visitations, trips on ships, 'knowings', visits from ghosts of relatives, Jesus, or aliens etc., invisible contacts, and amazing coincidences as well as the other types of events suggested later. Fill in your time line using these cluster categories. For the Time Line itself, draw a straight line beginning with birth (or before, if your parents had conflicts or there were unusual circumstances which you were affected by, or if you already know some of your past lives) on the left and ending on the farthest right with your projections of how you intend your future to be. Subdivide it into decades. Dates don't need to be exact but the recorded event needs to be in its proper relation to other events. Events above the line occurred during the day and those below the line occurred at night. This line will extend across several pages; start with a page per decade. Use only one side of the paper so that all the pages may be laid down side-by-side. Create and write a title for each event placing these on the line, vertically, and write the full explanation elsewhere on either side of the page, if possible. You can get into more detail in a Journal, which if you haven't started one yet you should start right away. Don't risk having the memory alter through time and reviewing just because you didn't feel like taking the time to write it all down. Or, speak it into an audio Journal. The entirety of the event needs to be first recorded as it is, without interpretation or any 'figuring out'. It must be The Experience As Remembered. As soon as you start rationalizing to make more sense out of an Experience you will lose accuracy in recall. Analyze it after it's recorded.

### Types of Events To Be Noted

#### Appearance of Physical Scars

You should mark the appearance of scars, scoops, bruises and ephemeral body markings for which you have no explanation or for which you suspect the explanation.

#### Drug /Alcohol Use History

#### Electro sensitivity Events

Did you experience electrical shock at any time? Have you had Slider events? [See list, below, "Types of Psychic Abilities and Paranormal Events.]

#### Examining the Revelatory or Realization Event

The *Revelatory Event* is what made you put together all of your partial memories and Ex-

periences and come up with alien intervention in your life. Usually, this is also when you may have begun to feel anxious. Some memories are floating, unconnectedly, in your past, as tips of the iceberg. These are the anomalies you've recalled which have made you suspicious of CE-IV. You may remember an odd experience without any meaning, such as being on the ground, next to your bicycle, with a large flashing thing hovering above you. These events mark the beginning and the end of an abduction. These are called *Marker Events*. Often either light or sound or an odd event marks the start of the Experience and the ending is often some sort of jolt or another odd experience. These are good entry points for hypnotic recall.

#### Flashback History

These can emerge suddenly, usually last only a few seconds, and frequently involve missing time periods.

#### Health History

Look for health events having to do with the reproductive system as well as for illnesses, healings, and unusual scars. Recall that what we habitually think about may have important effects on our bodies so that worrying, anxiety, and stress may be factors in your recent health history. Also note that a thyroid problem may affect your auditory system. Experiencer's often ascribe beeps and odd noises in their ears to alien intervention but we must first rule out normal reasons.

#### Important Dreams

#### Intellectual History

When did you form your interests?

### Meditation, Hypnosis, Therapy

#### Psychic or Paranormal History

You may not know what to call the individual events, or even know that they aren't 'normal', and so this list may help. Paranormal events can be categorized according to which interior senses they stimulate. The category of "experiential" encompasses many sensory inlets

#### Experiential

##### BLACK VOID

An experience of the Black Void may be had either inside or outside this void, and both indoors and outdoors. No light exists within a black void; only consciousness exists within it. It may range from one foot to many feet in diameter. An experience of the interior of the black void is bodiless. It's usually frightening. It might also be described as a vortex.

##### CLAIRVOYANCE

Clairvoyance is the acquisition of information about present events, places, or objects without external sensory mediation. Unlike telepathy, which is the passage of information from one person to another without any of the usual forms of communication, this does not seem to depend upon direct contact with another person. All foreknowledge is called PRECOGNITION, whether telepathic or clairvoyant. Because these two sources cannot be distinguished in the laboratory the general term of GESP, or general ESP, is used to encompass both in the field of parapsychology.

##### ELECTRICAL DISTURBANCES / Sliding

"Street Light Interference" experiencer's are often also abductees. They interfere somehow with the electrical functioning of appliances, watches, and even street lights. Sometimes they also effect radio and television signals. See Alfred Budden's work on hyper-electromagnetic



sensitivity.

## FLYING

Abductees are often sure they know what it feels like to fly without help, especially as children.

## INJURY OR DEATH AVOIDANCE

"The subject avoids serious injury or death, either through subconscious decision beforehand or inexplicable escape from the event itself."

## INTRADIMENSIONAL MENTAL CONNECTION

'Hearing' the mental projections of a Being not in your own dimension. When these messages are shared with other humans it's called *channeling*.

## INTERDIMENSIONAL AWARENESS

Experiencing other dimensions either from this one or in having crossed dimensional boundaries.

## INVISIBLE ENTITIES

"The subject senses being watched, perceiving the presence, usually along a room's borders. Footsteps out of place or a door opening / closing may be heard. Occasionally, subjects report being touched, poked or their hair pulled. Some report knowing the being's appearance without having physically seen it."

## INVISIBILITY

A few abductees have claimed they have felt they may have been invisible while in normal, alert consciousness. Dr Boylan claims this is a potential ability Star Kids have.

## OUT-OF-BODY EXPERIENCES

OBEs or OBEs are events during which the person perceives the world from outside their own body, often seeing the physical body, while in either a copy of that body or in an altered form of that body. This is also called Astral Projection, a phenomena experienced as well by non-abductees. "These occur variously as part of a near-death experience, as an alien training exercise, as a means of abduction, or intentionally as a natural talent possessed by the subject." Many researchers now believe that nearly all alien abductions occur in the OBE state despite our not understanding how physical marks are transferred.

## MENTAL INFLUENCING

The subtle manipulation of another's thoughts through one's will.

## MIBs

"Men in black" business suits warn the subject not to talk of their experiences. Most researchers think this experience no longer occurs.

## MILITARY INTEREST

Some abductees have black, unmarked helicopters buzz their homes / cars after an abduction event. Others have had what appear to be military abductions. See the work of Helmut Lammer for tell-tale signs of MILAB (underground, female doctors, white lab coats, military clothing, etc.).

## MIRACULOUS HEALINGS

Asthma, chronic viral infections, food allergies, hypoglycemia, diabetes and epilepsy have "miraculously" been healed in some abductees.

## OZ FACTOR

A term coined by Jenny Randles, this is described as "...A vacuum, the atmosphere surrounding the subject is fundamentally altered. Ambient light is muted and all sound disappears or is muffled. Pressure builds in the brain, while movements may be labored."

## PENETRATING INTUITIVENESS

"Being able to see into a situation and know exactly what's going on with the agendas without anybody briefing you; to see a story in the paper and know what's going on behind the scenes making them happen. Or, looking at a person, knowing what's going on with them."

## PRECOGNITION

Knowing the future through a "hunch" or dream.

## PSYCHIC HEALING

The ability to heal another person, even at a distance, without medical intervention.

## READING AURAS

"The bioelectric field around us. Some people define it a bit differently. We all have auras; we can all see them. You can quickly learn how to do that. But the more you develop the ability, the greater the potential for good use - to see colors, to see where it's fuller or diminished, or even little bits of absence. You can tell things, diagnose mental or physical illness for example."

## RELATIONSHIPS

Abductees have balls of light tell them to marry someone, or they feel they've been "led" to a special person to mate with. Other relationships may also seem to be manipulated, especially love relationships. Bloodlines may be manipulated to increase psychic abilities.

## REMOTE VIEWING

Remote viewing is the methodical use of clairvoyance. "Remote Viewing" and "psychic" mean approximately the same thing, that knowledge has been gained which can only have come through extrasensory perception; the primary differences are in the word origins and in the specific protocols used in RV. RV is always done within scientific or approved research protocols."

## TELEKINESIS

Moving things at a distance through thought.

## TIME DILATION / EXPANSION

Delaying or accelerating the material experience of time, as in important journeys which take far less time than they should.

## Visual

## APPARITIONS

Apparitions can be either visual or auditory experiences of someone who does not actually appear to be present and may well be deceased, often the ghost of a relative. CEEers sometimes report apparitions of pets or even invisible animals which they can hear padding through their home.

## BALLS OF LIGHT / ENERGY

Experiencers often see Balls of Light in and near their homes; some which give messages, others which act as vehicles, and some which seem to be monitoring. Sizes range from very small to man-size.

## BEAMS OF LIGHT

The CEEer often describes finding themselves in a wide, lovely beam of light. Sometimes, upon awakening, the CEEer will see a beam vanishing through their ceiling. This can also occur to lucid dreamers (lucid dream light beam).

## BORROWING

Some Experiencers believe that objects have been taken from their homes and then later replaced or returned to the location they were last seen at. Such objects reported have been papers, jewelry, wallets, and a toy optical device.

## DIMENSIONAL SLIPPAGE

"Often with a physical sensation of fine fabric tearing, the subject suddenly enters another time or dimension of reality. S/he is allowed to observe but not converse with any individuals occupying that realm."

## INTERIOR ENTITIES

Abduction Experiencers often evolve into being more sensitive to what's 'invisible' in their environment. Here they may "see" aliens watching them and even feel an emotional response when reacting to what they "see."

## MANIFESTATIONS

These are the appearance of familiar and unfamiliar objects out of thin air. Some CEEers see symbols projected onto their bedroom or hallway wall; some see them inside a white "cloud".



UFOs may also sometimes be manifestations.

### PET PROJECTIONS

Entities may appear as an abductee's pet until they disappear or the real pet's whereabouts is ascertained.

### POLTERGEIST / TELEKINESIS

Poltergeist activities, which involve the movement of objects, are grouped under this heading and are the most likely to be methodically investigated by parapsychologists because the phenomena may last for weeks or even months. These events may not necessarily be linked with Close Encounters but are sometimes experienced after an encounter. Poltergeists are usually associated with children or adolescents.

### UFOs

There are cases where only the abductee(s) see(s) an unidentified flying object while with a group of people who cannot see it. Note appearance, direction, actions of, and time of sighting.

## Auditory

### BOOMS and KNOCKS

These will often be described as sounds unrelated to anything familiar but "crash," "boom," and "knock" are the terms most often used. The booms occur outside but the knocks may seem to be on either exterior or interior walls. Direction is often difficult to determine. May be related to poltergeist activity.

### RADIO VOICES

Sometimes these occur in the subject's head and seem to be one or more voices frequently "heard" only in one ear and sounding like an inexpensive radio. Other times, voices seem to be coming out of speakers attached to a radio, in the car or in the home, not turned on. Again, the voices may be speaking all at once and are difficult to understand.

### TELEPATHY

CEEs experience telepathy when with aliens as well as on their own. It can be overwhelming in intensity and difficult to perceive discrete elements within the "message"; it may seem like an old-fashioned telephone operator has suddenly opened all telephone channels. At other times, the abductee will only "hear" their name being called, often twice or more, usually alone, without any further encounter.

### TELEPHONE ANOMALIES

During a normal telephone call the subject may hear non-human types of noises or they may repeatedly have calls composed of unusual beeps and tones.

## Sexual and Relationship History

### Sleep Patterns

Note periods during which you found it difficult to sleep, when you had nightmares, memorable dreams, dreams which didn't seem like dreams, astral projections, paralysis experienced before or during sleep or upon awakening, witnessing odd things while in bed, being sexually attacked by someone invisible, sleep walking and sleep talking periods, levitations, and all other odd experiences in bed. The date need not be exact.

### Spiritual History

This might include contact with the dead, visions, and sudden changes or developments in spiritual philosophy.

If the CE-IV agrees, all CE-IV exercises and journals should be copied and kept safe until they can be warehoused for the future. Anonymity must be safeguarded at every step; protect all parties by using a written contract.

[http://www.mind-map.com/mindmaps\\_howto.htm](http://www.mind-map.com/mindmaps_howto.htm)

Out-of-Body-Experiences (OBEs); Aware Sleep Paralysis (ASP)  
With thanks to Dan Wright, MUFON, for his initial paranormal list,  
"Oddities in the CE-4 Subject's Environment".

Dan Wright's "Oddities in the CE-4 Subject's Environment", 1998

Ibid

Ibid

Ibid

Dr. Richard Boylan, "Transformative Abilities in Starseeds and Experiencers", ACCET Newsletter, Winter 2000/2001

Ibid

Eve Lorgen, *Love Bite*

Joe McMoneagle, *Mind Trek*, Pgs. 21-22

Wright's "Oddities in the CE-4 Subject's Environment"

Robert Bruce. Practical Psychic Self-Defense. p20

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Because of the lateness of this issue an editorial COMMENT ABOUT THIS ARTICLE may appear in a future issue of EYE.

## The Late posting and publication of EYE Magazine WHY??

After the publication of the Spring issue of EYE Magazine, in April, our 6 years old printer broke down. Shortly thereafter my wife, Jan, was rushed into a local hospital, we had no idea what was wrong other than her feeling numb from her feet upwards. After a two week stay in hospital, she was diagnosed as suffering from Multiple Sclerosis.

Needless to say this took precedence over the publication of the Magazine. After Jan was discharged I acquired another printer, but unfortunately this proved to be less reliable to perform the task required of printing a full colour copy of EYE Magazine. So once again publishing was put on hold.

My hope was that before August/September, this year, I would be able to purchase a new printer capable of producing a magazine to the high standard which we demand.

On August 18th we went on a pre-booked holiday in spite of recent developments. We arrived back in the UK on September 1st only to confront a major family crisis.

My Mother Dorothy (72 years old) had been taken into Hospital,



with Cancer. She is shortly due to start chemotherapy for treatment of an infected liver and stomach wall, after undergoing a successful operation to remove an area of her colon which was infected.

As you can see my life this year has been somewhat stressful and difficult, who knows what is going to happen next. (Gary as also had a busy time recently)

Please accept our sincere apologies for the lateness of these two issues of EYE Magazine. We shall endeavour, to make sure EYE Magazine are published on time.

Thank you for your patience and understanding.

Chris Evers & Gary Anthony  
Joint Editors EYE Magazine.

The producers of EYE (East Yorkshire Encounters) Magazine express a hope that you enjoy the articles within and welcome any feedback regarding them; though we insert articles by contributing authors they may not necessarily represent our own viewpoints.

Whilst every diligent care is taken in producing this magazine, sometimes mistakes and oversight occurs, so if you spot one, or if you feel an article has been used without permission, please inform us and we will make sure it is corrected or removed immediately. Articles and photographic materials are welcome contributions for publication in EYE and should be submitted using either Microsoft Office 2000, Microsoft Word, Microsoft Publisher 2000 and/or Serif Page Plus 8 or earlier formats, though we may be able to incorporate other formats on approval.

Our receipt of an article and/or photograph does not necessarily mean we will publish it/them and we reserve an editorial privilege to serialise long articles. If your article is deemed

appropriate and space permits, we will endeavour to make sure it appears in EYE. Please note due to the magazine being strictly voluntary and non-profit, we do not possess funds to return sent items in post unless a SAE is included.

Thanks.

Chris Evers & Gary Anthony.

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